



The number one risk factor for experiencing sexual assault or domestic violence is simply being a woman.

What do we do?

Violence against women and their children is a prevalent, serious and preventable human rights abuse. More than one woman a week is murdered by a current or former partner and thousands more are injured or made to live in fear.

Violence against women and their children is not inevitable, and it can be prevented.

The Full Stop Foundation works with Rape and Domestic Violence Services Australia across the areas of violence prevention, research and development, training and education and our qualified, experienced therapists, who specialise in trauma counselling, provide vital frontline support through telephone, online and face to face counselling.

Trauma counselling: Why it matters

Accessing specialist trauma counselling services is an important first step back toward a normal life for thousands of people who experience sexual assault, domestic or family violence each year.

The Full Stop Foundation supports Rape and Domestic Violence Services Australia to deliver vital trauma counselling services to thousands of individuals seeking help.

Last year alone,

- we helped over 22,000 people who experienced sexual assault, domestic or family violence
- our telephone, online and face to face counselling provided assistance on over 56,000 occasions to women, men and children

HOW OUR CLIENTS CONTACT US:



2015 – 2016 SERVICES DELIVERED

56,892

2014 – 2015 SERVICES DELIVERED

40,528

85%

OF OUR CLIENTS ARE FEMALE



14%

ARE MALE



TEAM FULL STOP RAISES OVER \$36,000 TO FUND VITAL COUNSELLING SERVICES

On Sunday 14 August, 130 Full Stop Foundation supporters joined our Patron Tara Moss at the 2016 City2Surf to walk in memory of the 79 women who died last year as a result of violence against women.

We were thrilled with such an amazing turn out in support of the Full Stop Foundation – our purple Team Full Stop t-shirts really stood out amongst the wave of participants! Together we made a strong statement against the disgraceful rates of domestic violence and sexual assault across Australia while raising important funds and awareness the Full Stop Foundation.

Thank you to everyone who supported Team Full Stop by either donating, participating or fundraising. As a result of your amazing efforts, we have raised more than \$36,000 to date! This incredible contribution will go directly toward resourcing our work in trauma counselling services and prevention programs - thank you!



With your voice, we can call for a Full Stop to sexual assault and domestic violence and with your fundraising efforts we can continue our work to stop the pain and suffering that we see and hear every day.

[Click here to view Team Full Stop's fundraising page](#)

Catharine Lumby joins Full Stop Foundation as an Ambassador



We are so proud to introduce our new Full Stop Foundation Ambassador - Catharine Lumby, Professor in Media at Macquarie University and a well-known public commentator on sex, gender and media. Here's what Catharine had to say about her role as a Full Stop Foundation Ambassador.

"The Full Stop Foundation supports Australia's most effective and evidence-based organisation to prevent and address the devastating consequences of sexual assault and domestic violence. We know that one in four women are survivors of these assaults, often at the hands of someone they love and trust. These crimes have a severe impact on women's mental and physical health and on that of their children.

As someone who has worked for many years researching these issues I am proud to be associated with an organisation that is at the forefront of best practice approaches to counselling and prevention. In Karen Willis, the Executive Officer of Rape and Domestic Violence Services Australia, we have an outstanding and experienced advocate of change in an area where so much remains to be done.

The statistics on the number of women who are killed and disabled by sexual and domestic violence in our country are incredibly confronting. Raising awareness is critical, but we need more than a national conversation. We need financial support through the Full Stop Foundation to fund the critical counselling and research that Rape and Domestic Violence Services engages in on a daily basis."

Thank you to our supporters

Thank you for the support that you show, the funds that you contribute and the passion that you have to work with us to end this violence. Every donation we receive directly funds our work in two areas:

- to expand trauma counselling services for those who have experienced sexual assault and domestic violence
- to change the attitudes and behaviours that allow violence against women and children.



24/7 Counselling and support: Rape & Domestic Violence Services Australia 1800 424 017 and 1800RESPECT.

www.fullstopfoundation.org.au | www.rape-dvservices.org.au